

Stow Recreation Department

February 2025 Newsletter

Do you have program suggestions? Contact us:

Email Laura Greenough: recreation@stow-ma.gov;

Geoff Beharrell: recreation2@stow-ma.gov

Phone 978-637-2984

Visit Pompo Community Center

509 Great Road

Monday – Friday, 10am – 3pm

Website [Stow Recreation Department: Online Registration by MyRec.com Recreation Management Software](#)>

Create an account and future sign-ups will be a snap!

Facebook! [Stow Recreation Department](#)

The Pompo Community Center!

Planning an event or meeting?
Birthdays, Game Nights, Exercise
Classes?

The Community Center may be a
great location for you!

For more information or to
request a room, go to
stowma.myrec.com!

On February 1 at 8am, registration opens for some great summer programs with ***Camp Stow, and Stow Rec's Summer Thing!***

We will soon be adding ***Creative Dance, Skyhawks Sports Academy, FC Filmmakers Academy***, FC Puma Soccer and more. Keep checking back for programs to help you make the most of your summer!

Let us know if you have any program requests, we'd love to hear what interests you.

We also have some great programs available for the rest of the school year, like ***Creative Dance*** and the ***Platypus Society, Babysitting, FC Academy Filmmaking*** for school aged children, and ***Music Together*** will have more sessions for the younger kids. We also have Bridge Club, Men's Basketball, Yoga, Knitting classes for adults

CAMP STOW

June 23rd TO August 15th

Youth Program: Ages 5-12

Half Day: (9am - 1pm)

Cost: \$182 per week/per camper

Full Day: (9am – 4pm)

Cost: \$275 per week/per camper

Pre- and Post-Camp Options

Pre (8-9 am): \$37/week

Post (4-6 pm): \$65/week

Both: \$92/week

SESSION WEEKS

Session I:	June 23-27
Session II:	June/July 30-3*
Session III:	July 7-11
Session IV:	July 14-18
Session V:	July 21-25
Session VI:	July 28-1
Session VII:	Aug 4-8
Session VIII:	Aug 11-15

*Session II is a 4-day week and will be pro-rated.

Children will be grouped according to age with a counselor-to-child ratio of 1:10 (1:5 ratio for ages 5 and 6).



Camp Stow is committed to serving the needs of parents and children by offering a quality program with a rich blend of activities to provide an ideal outdoor environment and a unique opportunity for children to learn valuable skills and make new friends through programs that are challenging, educational, and fun.

A variety of age-appropriate activities are offered each week including boating, field games, arts & crafts, fishing, swim lessons, group challenges, and more.

Registration for Stow/Maynard residents opens on February 1st 8am. Registration for non-residents begins February 20th.

Space is limited so please sign up early.

Please visit our website: [Stow Recreation Department: Online Registration by MyRec.com Recreation Management Software](https://www.stowrecreation.com)

105 CMR 430.00 - This Camp will comply with regulations of the Massachusetts Department of public health and will be licensed by the Stow Board of Health

Summer Dance, Art & Yoga

at Pompo Community Center
Watch for more details to come!!

Jennifer McGowan's Creative Dance Center
www.creative-dance.com 978-433-8349



Summer Thing

(formerly known as Art and Swim)

Dates: August 18th to 22nd.

Time: Monday – Friday, 9:00am–1:00pm

Cost: \$182.00 per child

Place: Pine Bluff Recreation Area

(In cases of bad weather, the program will be moved to the Stow Community Center)

Register: stowma.myrec.com

The Stow Rec's Summer Thing program combines children's favorite activities. Art projects will teach children to express themselves in new and creative ways. Then they will burn some energy with field games and fun, followed by a chance to cool off in the lake before going home. Counselors and Lifeguards will always be on duty during swim time.

Come and have fun while exploring the wonders of art.

Space is limited so please sign up early.

MEN'S BASKETBALL

The Stow Recreation Department is sponsoring Men's Basketball. Want to get back in the game? Just show up at Hale Middle School during the times below.

WHERE: Hale Middle School

WHEN: Tuesday evenings 6:30 –8:30pm
and/or

Saturday mornings 8:00-10:30am

COST: \$45/year

This is a very friendly group open to all skill levels, and regardless of where you live. If you play Rubber Bridge, there is very little to learn to play duplicate bridge. We will be happy to teach you in a few minutes. Goodies are provided on a volunteer basis.

If interested, please notify Stow residents Ernie and Sherry Stonebraker by email (ernstonebraker@gmail.com) or phone (978-568-1596) before the preceding Friday at 5 PM so we can plan the goodies.

Unfortunately, we cannot provide partners for single players, so please come with a partner.

WHERE: Pompo Community Center, 509 Great Road

WHEN: First Saturday of every month; play begins promptly at 7PM

Please arrive at 6:45pm to help set up tables and shuffle cards.

COST: \$5 per pair

Sweater Class: For Beginners Who Know How To Knit and Purl And Intermediate Knitters• If you fear knitting sweaters or never seem to be able to get your knitted sweaters to fit, then this is the class for you. You will learn to put your fears behind you and learn techniques and finish ending up with a polished result. There will be sweater patterns to choose from or you may bring one of your own. There will be printed handouts for you to keep for further reference. This is the class where you will become proficient in many things!

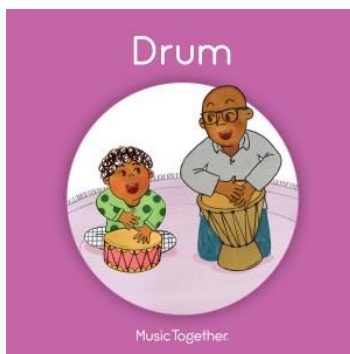
Instructor: Dee Cohen

[Stow Recreation Department: Online Registration by MyRec.com](#)
[Recreation Management Software](#)

This is a 10 week class, 2 Hours a session, begins Saturday, February 8th, 10am to 12pm.

Cost \$265, no drop in's. Open to everyone, not just Stow residents.

Music Together of Assabet Valley



Registration Now Open for Winter!

Hello Everybody! It's time to register for WINTER classes! This upcoming session features the "DRUM" collection. Your little ones will love jumping and hiding in "John the Rabbit" and "Sneak and Peek." You'll be mesmerized by the beautiful lullaby, "Arroró, mi niño" and enjoy the catchy rhythms of "Jim Jam Drummer." In addition to nine weekly classes, tuition includes audio recordings to play at home and on the go, a colorful illustrated family songbook, and resources with bonus music-making ideas to try at home. Families new to our program also receive a guide to Music and Your Child and a musical growth chart to track your child's music development. Classes are offered in Groton, Hudson, Maynard, Stow and Sudbury. Sibling discounts and makeup classes are available.

[About Our Classes](#) [Register Today](#)



Babysitting is job that requires skills in creativity, adventure, and play. It can be a fun and rewarding position. But those skills are no help if you don't know what to do when a child has a tumble on the playground, or you're not prepared for the realities of a 2-year-old's temper. A Babysitter must also be patient, stay alert to hazards that may occur, and maintain a sense of professionalism when dealing with the families who employ you. This is for ages 11-18 and will be held at Pompo Comm. Ctr, 509 Great Rd., Saturday, April 26, 2025. \$55.00 per participant, go to MyRec to sign up.



YOGA with Maureen

Offered to all (16 years or older)

Mondays (except for Legal Holidays)

5:00-6:00 pm

Pompo Community Center, 509 Great Road, Stow, MA

Instructor: Maureen McKeon

\$8 drop-in (suggested donation)

All fitness levels and abilities welcome!

This will be taught as a gentle, Kripalu-style class.

Some yoga mats & blocks will be available.

We reserve the right to cancel a class due to low enrollment. Typically, we look at the class numbers one week before the start date to decide. If your class is cancelled due to low enrollment, you will be notified by email.