

DECEMBER



Welcome to the Stow Recreation Department

December 2020 Newsletter



December is here! The year of 2020 is in the homestretch – it's almost over!!!!

As you know, the pandemic is ramping up – even in our little slice of paradise. Several nearby towns are in the Covid “red zone” so, please, remain diligent with mask wearing and maintaining a safe distance from others.

COVID NEWS: Effective on November 6, 2020, Governor Baker has issued a new Executive Order on face coverings requiring all persons over the age of 5 to wear face coverings in all public places, whether indoors or outdoors, even where they are able to maintain six feet of distance from others. This applies to Stow’s parks and outdoor spaces. **Please wear your mask!!!**

Last month, the Recreation Department launched two online programs – **Chess Wizards** and **Home Alone Safety**. The response was swift and positive!!! We will look into expanding on that momentum. If anyone knows of outdoor or online programs that might work for our residents, please let us know. We are happy to follow up on it.

Have fun outside! Give us your ideas!! Stay Safe!!!

Contact us with any concerns or questions:

1. **Email!** Laura: recreation@stow-ma.gov; or Maureen: recreation2@stow-ma.gov
2. **Phone!** Call us at 978-637-2984

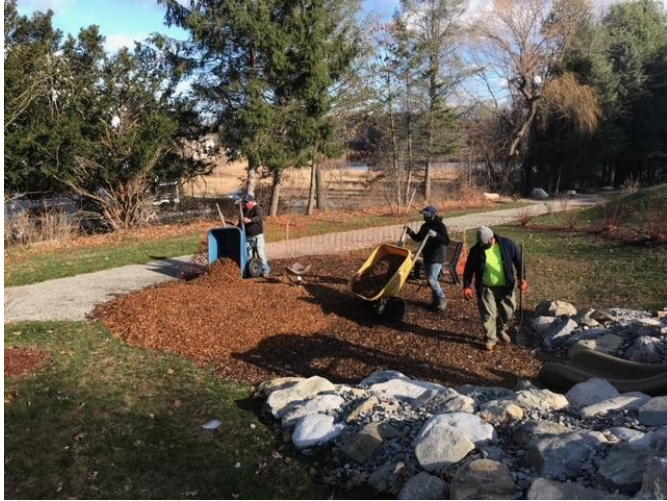
Be Kind,

Laura Greenough & Maureen Hogan

**“Providing Recreational, Educational, Social and
Leisure-Time Activities
For the Residents of Stow”**

Town Center Park

Speaking of getting outside The next phase on construction on our new Town Center Park has been completed!!!! The natural play area is in and it is beautiful!!! Here are some pictures - come by and check it out!!!!



Construction!



Mushroom steps!!



Outdoor Fun!!



Rock to climb!

STOW TENNIS

Please note: We will keep the nets up as long as possible!!!

To schedule court time for the Stow Community Park tennis courts, please use the following link:

<https://scptennis.skedda.com/register?key=02e4ee0>

Tennis in the Time of Covid-19: While tennis is considered low risk, it is wise to follow some common sense guidelines. Follow this link for tips and recommendations from the United States Tennis Association (USTA): https://www.usta.com/content/dam/usta/2020-pdfs/USTA_COVID19_PlayingTennisSafely-Flyer.pdf

Stow Ski Program

Still no word from Nashoba Valley Ski – It is safe to say that the ski program is not happening this year – at least not through the recreation department. However, Nashoba is advertising lessons on their website. Skiing is not only a great skill, it is another great way to get outside!!! If we hear anything from Nashoba Ski, we will let you know. Keep an eye on our Facebook page and our website.

Thank you!



Music Together. of Assabet Valley

Now accepting registrations for online
Winter 2021!

**10-Week Session begins the week of
Monday, January 11!**

**New class offering: Music Together for
Babies!**

Online Class Options:

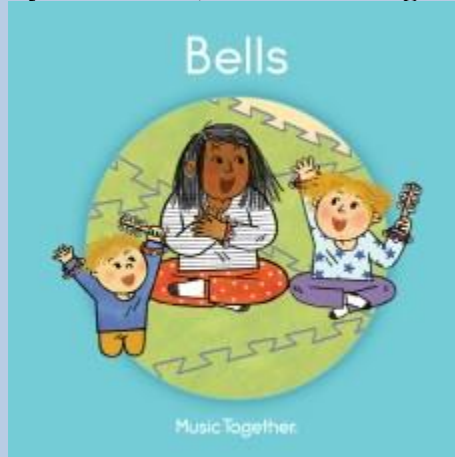
- Our ten-week **Music Together for Mixed Ages** online program includes **one 30-minute class per week** geared towards children birth through age 5 and good for the entire family--siblings attend for FREE. It offers a completely unique collection of songs in addition to **child-centered** musical instruction, instrument exploration, gross motor development activities, and lots of musical PLAY! *Children participate with an adult.*
- **New class offering: Music Together for Babies:** Your little one was born ready to make music! In this special class for parents with babies under nine months old, you'll learn lots of fun, interactive music activities that will support your child's growth in so many areas, including their physical, socio-emotional, language, and early brain development. Your expert teacher, Rhonda, will also share ideas for how music can help you get through difficult transitions, such as getting your baby into the car seat or helping him to sleep at bedtime. And you will join a community of other parents who are just as sleep-deprived as you! The best part? There is no screen time for your little one. In Babies Classes Online your teacher will guide you to position your infant so they are looking at YOU, not the screen. You follow the teacher while your baby watches you, and you leave each class inspired to make each day more musical. This program runs ten weeks - **one 45-minute class per week**. **Free demo scheduled for Friday, January 8, 2021, at 12:30 pm. Registration is required, so please click here:** [Sign Up Now.](#)
- The music collection for all classes this session is Bells featuring the Music Together classic rhythmic song "Trot Ol' Joe," plus favorites like "Me, You, and We" and the Spanish song "De Colores." We'll have fun dramatizing the "Two Little Kitty Cats" and singing an all-time favorite "Lukey's Boat."

Using Zoom, classes are offered online Monday through Saturday during the winter!

Unlimited makeups are available for missed classes!

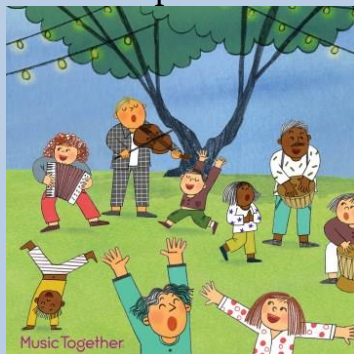
When you register, each family receives...

A beautifully illustrated, full-color song book and cd;



A personal CODE to unlock access to the online Music Together "Family Music Zone" and the innovative "Hello, Everybody!" App (downloadable for iOS and Android); and

Access to a private Facebook group for our Music Together families!



Click here to [Register](#), where you can pay on-line. **Please indicate a second class choice in case your first choice is either full or under enrolled.** If you want to register for a class that is currently full, please register anyway. We often receive last minute changes and may be able to accommodate you. **Please note there is no sibling fee, but please register each child online for attendance purposes.**

If you've already registered, thank you. You will receive an official confirmation before classes begin. We will also be delivering your music packet early January 2021.

Just a reminder that due to the popularity of some of our online classes, your spot is confirmed only after payment has been received. Classes are filled on a first-come, first-serve basis and are held based on sufficient enrollment. **Note: If you find that you are not able to attend classes--whether you've paid or not, please inform us immediately so that we can adjust our records and your account.**

Call or email us if you have any questions, and we look forward to seeing you virtually in January.

Pat and Vic Lalli
MT of Assabet Valley
978-897-0874

Invite your relatives and friends from other parts of the world to join you in making music each week!

ENTREPRENEUR *WORKSHOP & CONTEST AND* PROJECT LEAD

GRADES 9-12



zoom



Kahoot!



teenleaderacademy.com/stow

CLICK IMAGE FOR DETAILS | COUPON CODE STOWSAVES\$34

Grades: 9 - 12

SAVE WHILE SUPPLIES LAST

CEO WORKSHOPS & CONTESTS

ONE DAY | 3 HOURS | AVAILABLE IN OCTOBER, NOVEMBER & DECEMBER

LEARN BUSINESS SKILLS
COMPETE FOR TOP RANKING AWARDS
ENHANCE YOUR RESUME
STRENGTHEN YOUR ONLINE NETWORK
MEET TEENS FROM ALL OVER THE WORLD



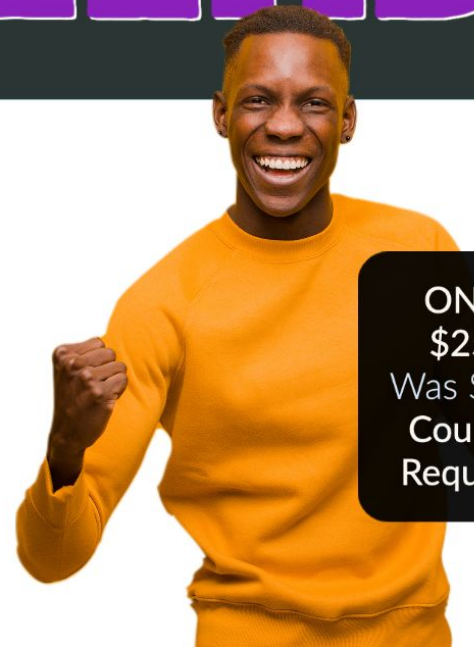
ONLY
\$ 9 5
WAS \$129
COUPON
REQUIRED

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PROJECT LEAD

MULTI-DAY | 12 HOURS | OCTOBER LAUNCH

TEEN LEADER ACADEMY CERTIFIED ADVISORS:
UNITE A GROUP OF TEENS TO DEVELOP
A TEEN BOARD & SUBCOMMITTEES
TEACH YOU HOW TO DEVELOP A STRATEGIC PROJECT PLAN & TO EXECUTE
ENHANCE YOUR RESUMES
MEET TEENS FROM ALL OVER THE WORLD



ONLY
\$250
Was \$400
Coupon
Required

CHECK OUT THE

STOW AREA

P A R E N T S N E T W O R K

20
twenty

COVID Edition

The Stow Area Parents Network (SAPN) is a volunteer-run parent organization for new parents and families with children ages five and under in Stow, MA and the surrounding towns. We are a community of parents, dedicated to strengthening our children and the community around us. During the current pandemic, we have suspended playgroups and many family events, but we are still here for you!

We have been engaging online with monthly book clubs, bi-weekly sip 'n' stitch groups, and Mom's Nights In (most recently, we participated in a DIY Paint night).

The Stow Dads have had socially distant fire pit hangouts, and played games online.

While we may not be able to gather the way we've been used to, we are still here for you, and we'd love your help to find more ways to support families with young kids during this difficult time!

QUESTIONS? WANT TO VOLUNTEER?

EMAIL US:

sapn.member@gmail.com



www.thesapn.org



facebook: theSAPN

Email for more information
sapn.member@gmail.com

SAPN

JOIN TODAY!

P.O. BOX 398
STOW, MA 01775